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# Bone-Grafting Biomaterials

Autografts, Hydroxyapatite, Calcium-Phosphates, and Biocomposites

**DE GRUYTER** 

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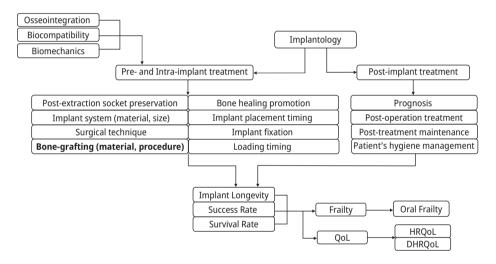
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### **Preface**

Once a patient is evaluated as a candidate for implant recipient (free from all risky contraindications for implant treatments), the patient will face various stages of treatment, including pre-, intra-, and post-treatments, as well as operational procedures. Referring to attached figure, once the placed implant(s) is biologically fused to receiving hard/soft tissues (i.e., establishment of osseointegration), the patient is allowed to use implant(s) under normal occlusal function or ordinary daily activities. Thus the successfully functioning implant(s) is expected to exhibit a quite long-term service (aka, longevity) to which success rate and survival rate are contributed. The long-term servicing implant(s) would, in general, enhance patient's health-related quality of living (HRQoL) or dental health related quality of living (DHRQoL). Of course, to this end, a great corporation and responsibility should be demanded from patients, which should include daily hygiene management and well-organized maintenance checkup schedule.



While QoL concept has been considered as a sort of a subjective evaluation from each implant recipient in either orthopedic treatment or dental treatment, the longevity, success rate, and survival rate should be evaluated in terms of direct or indirect objective, based on scientific examinations and/or observations, as well as clinical case data. Demographically, the term "longevity" is a synonym for the life expectancy; in the same way, longevity is normally used in medical and dental fields. Especially, the longevity of placed orthopedic joint replacement implants and dental implants are principally subjected to be discussed. The longevity is controlled by several crucial factors, which should include pre-operation procedures (e.g., appropriate implant system selection, post-extraction treatment for dental implant, etc.), intra-operation procedures (e.g., surgical skill and infection management, etc.), and post-operation issues

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(e.g., poor hygiene and uncontrollable diabetes or an increased body-mass index or missing of preventive cares from both physicians and patient, etc.).

As seen in the figure, bone-grafting (with materials and procedures) is positioned in the pre-implantation and/or intra-implantation stages. The subsequent occurring success rate and survival rate are strongly relied on appropriate selection of bone-grafting materials as well as proper choice of grafting technique.

In this book, we will be discussing types and procedures of bone-grafting, anatomy, and physiochemistry of natural bone tissue, type of bone-grafting materials, supportive devices for bone-grafting procedures, and technical sensitivity of bone-grafting methods.

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## List of nomenclatures

AAAA autolyzed antigen-extracted allogeneic

ABBM anorganic bovine bone mineral ABG autogenous block graft

ACP amorphous calcium phosphate
ADSCs adipose-derived stem cells

ALP alkaline phosphatase
AM additive manufacturing
ARST alveolar ridge split technique

BAG bioactive glasses
BBA bone bank allografts
BCC body-centered cubic

BCP biphasic calcium phosphates

BCT biomechanical computed tomography

BHA bovine-derived hydroxyapatite

BJ binder jetting
BMD bone mineral density
BMI body-mass index

BMP bone morphogenetic protein
BRS bioresorbable scaffolds
BRU bone remodeling units
CAP cold atmosphere plasma

CBCT cone-beam-computed tomography

CCP cubic close packed

CDHA calcium-deficient hydroxyapatite
CGF concentrated growth factor
CMC carboxymethylcellulose

CPBS chitosan-poly(butylene succinate)
CPC calcium phosphate cements
cpTi commercially pure titanium

CS chitosan

CSTi cancellous structured titanium

µCT micro-computer tomography

DBM deproteinized bovine bone mineral

DBM demineralized bone matrix

DCPA dicalcium phosphate anhydrous DCPD dicalcium phosphate dihydrate DEXA dual energy X-ray absorptiometry

DF fractal dimension
DFDBA Demineralized FDBA
DMLS direct metal laser sintering

DHRQoL dental health-related quality of living

EBM electron beam melting
EBSS Earle's balanced salt solution

ECM extracellular matrix
EDL electrical double layer
EGF epidermal growth factor
EPC endothelial progenitor cells

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#### XII — List of nomenclatures

FBR foreign body reaction FCC face-centered cubic

FDA US Food and Drug Administration

FDBA freeze-dried bone allograft
FDM fused deposition modeling
FFI full-length femur imaging
FGF fibroblast growth factor
FTIR Fourier transform infrared
GAG glycosaminoglycan
GBR quided bone regeneration

GFs growth factors

GTR guided tissue regeneration

HA hydroxyapatite
HAS hip structural analysis

HCP hexagonal closed packed or hexahedron

HEPES (4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid)

hFOB human fetal osteoblastic
HIV human immunodeficiency virus
hMSC human mesenchymal stem cells

HR-pQCT high-resolution peripheral quantitative computed tomography

HRQoL health-related quality of living

HV hydroxy-valerate
IAN inferior alveolar nerve
IGFs insulin-like growth factors
ISQ implant stability quotient
L-PBF laser powder bed fusion

MCPA monocalcium phosphate anhydrous
MCPM monocalcium phosphate monohydrate

mCT micro-computed tomography

MDCT multidetector computed tomography

MIS minimally invasive surgery
MNGCs multinucleated giant cells
MSCs mesenchymal stem cells

NBCM native bilayer collagen membrane NIH National Institutes of Health

OC osteocalcin

OCP octacalcium phosphate

OCT octahedron

OHRQoL oral health-related quality of living

OPF osteoperiosteal flap
OPG osteoprotegerin
P3HB poly(3-hydroxybutyrate)

PASS primary closure, angiogenesis, space maintenance, stability of wound (principle)

PCL polycaprolactone PDA polydopamine

PDGF platelet-derived growth factor

PE polyethylene
PEEK poly ether ketone
PEG polyethylene glycol

PET poly(ethylene terephthalate)

PGA poly(glutamic acid)
PHB poly hydroxyl butyrate

PHEMA polyhydroxyethyl methacrylate PLA polylactide or polylactic acid

PLGA polylactideglycolide copolymer or copoly(lactic-glycolic acid

PLLA poly(L-lactic acid)
PMMA polymethylmethacrylate
PMN polymorphonuclear
PP polypropylene
PPE polyphosphoester
PPF poly(propylene fumarate)

PPF periosteal pocket flap (technique)

PRF plasma-rich in fibrin i-PRF injectable form of PRF L-PRF leukocyte PRF PRP platelet-rich plasma

PSU poly sulfone

PTFE polytetrafluoroethylene
d-PTFE high-density PTFE
e-PTFE expanded PTFE
PTH parathyroid hormone
PTMC polytrimethylene carbonate

PU polyurethanes PVA poly(vinyl alcohol) PVC polyvinyl chloride

QCT quantitative computed tomography

REMS radiofrequency echographia multi-spectrometry

RGD Arg-Gly-Asp amino acid SBF simulated body fluid

SEM scanning electron microscopy

SF silk fibroin

SLM selective laser melting
SLS selective laser sintering
TBS trabecular bone score
TCP tricalcium phosphate
TE tissue engineering
TEA triethanolamine

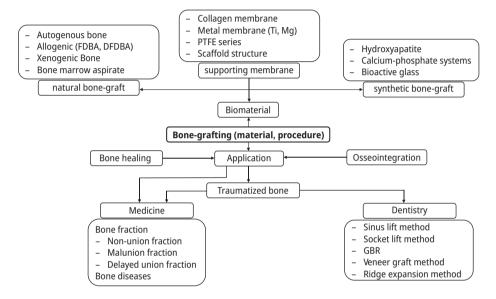
TGF transforming growth factor
THA total hip arthroplasty
TKA total knee arthroplasty
TSA total shoulder arthroplasty
TTCP tetra-calcium phosphate

UHMWPE ultra-high molecular weight polyethylene
VEGF vascular endothelial growth factor
VFA vertebral fracture assessment



### 1 Introduction

In this chapter, we will discuss the interrelationship of bone-grafting materials and their applications in both medicine and dentistry implantology. As seen in Figure 1.1, bone-grafting materials are categorized in a global term of the biomaterials and further classified into, generally, natural bone-grafting materials, synthetic bone-grafting materials, and supporting membrane structures. In an area of application, traumatized bone healing is the most important process in both orthopedic implants and dental implants via osteointegration.



**Figure 1.1:** Interrelationship of bone-grafting materials with applications in both medical and dental fields. (FDBA: freeze-dried bone allograft; DFDBA: demineralized FDBA; PTFE: poly-tetra-fluoroethylene; GBR: guided bone regeneration).

#### 1.1 Success rate and survival rate

The most common of these replacement joints are artificial knees and hips, which constitute almost 90% of the worldwide demand for joint implants. As a result of various technological breakthroughs, other extremity joint implants for ankles, shoulders, elbows, hands, feet, and jaws are increasingly more common as well [1, 2]. It is reported that more than 7 million Americans are living with a knee or hip implant and the number is increasing rapidly every year [3]. It was also reported that (i) in 2011, orthopedic surgeons performed 306,000 total hip replacements in the US alone and (ii) also in 2011, doctors also performed an additional 50,600 revision procedures to

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replace previously implanted artificial hips [3]. Even in these circumstances, the expected longevity of placed orthopedic implants is more than 20 years [2, 4] or between 15 and 20 years [5].

The placed implants are constantly subjected to hostile environments including biomechanics, biotribology, and biotriocorrosion [6]. In the case of joint implants, tribological action in biological environment would produce the wear debris, which might be harmful to surrounding soft/hard vital tissues. These are challenges to material scientists as well as surface engineers. Actually, several remarkable R&D outcomes have been recognized to prolong lifespan expectation of placed implants. Shot peening or laser peening onto orthopedic implant surfaces has been carried out to develop beneficial surface-negative residual stresses [2, 7–12]. Recently structural integrity of materials has been manipulated to facilitate osseointegration. Such new methods can include: (i) controlled porosity of implant surface skin by the ionassisted polymerization process to create bio-functional 3D-printed Ti implants or by selective laser melting to create porous titanium implants with enhanced bonemimicking mechanical properties [13] or additive manufacturing technology [14] and (ii) functional gradation from core to skin of the implants [6, 10, 15], in which there is a descending gradation of mechanical strength from core to skin; reversely, a descending slope of biological characteristics from skin to core.

It was reported that around 120 million people in the United States alone are missing at least one of their natural teeth and an incredible 36 million or more people have no teeth at all (namely, edentulous) [16]. Normally, dental implant treatment includes three components that technically make up a single dental implant; these different components must all be considered when determining how long an implant-supported restoration will last. They are an implant main body (most of which is immersed into bone or augmented bone), abutment, and prosthesis. Most sources put the average lifespan of a dental implant at around 25 years or more; however there are also some sources that say implant posts can be permanent [17]. There are also reports confirming the 25-year longevity [18, 19]. The implant-supported restoration, in general, may need to be replaced approximately every 10-15 years since the constant forces of chewing and biting will eventually wear down the exterior surface thereof [17, 20].

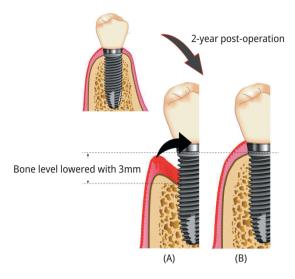
Implants are often evaluated in terms of either success rate or survival rate, as described before. There is a definitive difference between these two terms [1]. The term "success" is used if a particular implant meets the success criteria it is being evaluated with, while the term survival simply implies that the implant exists in the body or mouth and appears not to include evaluated biofunction. However, the survival rate has been treated as a longevity indicator. Singh et al. [21], examining patients with total shoulder arthroplasty (TSA), reported that (i) 2,207 patients underwent 2,588 TSAs, with 63% of patients with underlying diagnosis, (ii) 212 TSAs were revised during the followup, and (iii) at 5-, 10- and 20-year implant survival rates were 94.2%, 90.2%, and 81.4%, respectively. It was reported that THA (total hip arthroplasty) achieves excellent technical outcomes with 10-year survival exceeding 95%, 25-year implant survival greater

than 80%, and significant benefits for pain, mobility, and physical function [22, 23]. Bae et al. [24] performed 224 revision TKAs (total knee arthroplasty) in 194 patients from September 1990 to June 2009 and reported that (i) the 5-, 8-, and 10-year survival rates were 97.2%, 91.6%, and 86.1%, respectively, (ii) re-revision TKAs were performed on 20 knees because of infection (seven knees), loosening (six knees), polyethylene wear (six knees), and periprosthetic fractures (one knee), and (iii) the long-term survival rate of revision TKA was satisfactory, but careful attention is necessary to detect the late failure.

Historically, we had three important international conferences on acceptable criteria for dental implants [25, 26]. During the NIH Harvard Conference (1978), the following five criteria were set forth as acceptable success rate: (1) less than 1 mm of movement in each direction is allowed, (2) X-ray observed transmission images cannot serve as a reference standard, (3) bone resorption of less than 1/3 of the vertical height of the implant is acceptable, (4) no untreatable gingivitis, no inflammation, nor infection, no damage to adjacent teeth, no paresthesia or hypoesthesia, and (5) should function for 5 years in more than 75% cases. In 1986, the conference organized by Albrektsson had reached a consensus for acceptable criteria: (1) upon examination, individual unconnected implant should not move, (2) no X-ray penetration image around the placed implant, (3) vertical interim bone-sorption over time after 1 year after implant placement should be less than 0.2 mm, and (4) no persistent or irreversible signs or symptoms due to the implant (pain, infection, nerve paralysis, paresthesia, mandible injury, etc.), and (5) under the above conditions, a 5-year success rate of 85% shall be the lowest success criterion. At the latest conference (at Toronto, 1988), the followings were determined as acceptable success criteria: (1) the implant supports a functional and aesthetic superstructure that satisfies both the patient and the implantologist, (2) no pain, discomfort, sensory changes, or signs of infection caused by the implant, (3) when clinically examined, (4) the average annual vertical absorption after the start of the function should be less than 0.2 mm. During the Toronto Osseointegration Conference, the "more than 85% survival rate for 5 years, more than 80% after 10 years" was also determined, leading to further material development including commercially pure titanium (cpTi) as well as surface modification technologies.

The term "survival" is defined as the condition in which the implant remains in the mouth. If you have peri-implantitis but the implant is not removed, the placed implant can be considered alive (survive). On the other hand, the term "success" is recognized as a condition in which there are no subjective symptoms and no findings of peri-implantitis and there are four major factors influencing the success rates of placed implants. They include: (1) correct indication and favorable anatomic conditions (bone and mucosa), (2) good operative technique, (3) patient cooperation (oral hygiene), and (4) adequate superstructure design and fabrication [6].

Referring to Figure 1.2, Nishinaka [27] tries to differentiate survival rate and success rate, comparing two distinctive outcomes two years after implant surgery, in which (A) represents a development of peri-implantitis while (B) exhibits an excellent prognosis.



**Figure 1.2:** Two outcomes after two years after implant surgery: (A) developed peri-implantitis and (B) excellent prognosis [27, with kind permission of Dr. Nishinaka, Japan].

In either case, there was no movement in the placed implant, and the patient was able to eat without any problems with only a slight discomfort in the gingiva of the implant as a subjective symptom. It was observed that as for the objective findings of (A), the gums were inflamed due to infection, bleeding and pus were observed, and the bone level was about 3 mm lower than when it first functioned due to the spread of inflammation. In light of the criteria for success established at the Toronto Conference, although the implant was not movable and there was no functional problem, infection originating from the implant was observed, and vertical bone resorption was also 3 mm (if no abnormality is found, about 0.4 mm is the Toronto Conference standard if 2 years have passed), so it was evaluated as a failure on the basis of the Toronto standard. In the case of (B), it functioned in the mouth without falling out during the 2-year functional period, so the survival rate (2 years) can be evaluated to be 100%. Of course, regarding case (B), since it meets the success criteria established at the conference, it can be said that the success rate in the second year is 100%. Thus, there is a qualitative difference between the success rate and survival rate of implant treatment. In other words, survival is an indicator that does not reflect the health status of the implant [27].

As the living standard of the population improves, dental restoration has become the definitive therapy for most dental defects. Implants have been recognized as the "third set of teeth," since they are beautiful, comfortable, and have good chewing efficiency, making them feel like natural teeth [28]. Large-scale studies have reported that the long-term survival rates of implants are between 93.3% and 98% [29, 30], indicating that dental implants are an effective treatment for edentulousness. Busenlech-

lar bone, most often identified in the posterior maxilla. Four bone types are shown in Figure 3.6. Shemtov-Yona [77] mentioned that, despite the wide use of the abovementioned bone classifications, these classifications can be useful during pre-operative or operative stages, particularly during drilling the implant osteotomy [84, 85].

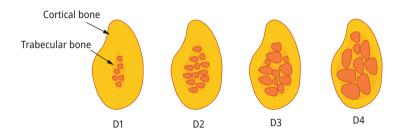


Figure 3.6: Misch bone quality classification [modified after 79].

Since bone quality and quantity are important factors with regard to the survival rate of dental implants, Goiato et al. [86] conducted a systematic review of dental implants inserted in low-density bone to determine the survival rate of dental implants with surface treatments over time, covering the period July 1975 to March 2013. A total of 3,937 patients, who had received a total of 12,465 dental implants, were analyzed. It was reported that (i) the survival rates of dental implants according to the bone density were: type I, 97.6%; type II, 96.2%; type III, 96.5%; and type IV, 88.8%, (ii) the survival rate of treated surface implants inserted in low-density bone was higher (97.1%) than that of machined surface implants (91.6%), and (iii) surface-treated dental implants inserted in low-density bone have a high survival rate and may be indicated for oral rehabilitation.

#### 3.4.2 Bone mineral density

To measure bone mass and density, the dual-energy X-ray absorptiometry (DXA) technique has been widely employed to obtain bone mineral content (BMC in gr) as well as areal bone mineral density (aBMD in  $gr/cm^2$ ) [12]. DXA results explain a substantial portion of the effects of bone size, shape, and material properties and are strongly correlated with bone mechanical performance and fracture risk [87–90]. DXA method is used to diagnose osteoporosis earlier as a risk for bone fracture and monitor the effectiveness of osteoporosis treatments. The output of a DXA test is a number called a T-score, as seen in Figure 3.2. Normal is zero (0). The more negative the number, the weaker the bones and the more likely they are prone to break. If T-score is -2.5 or below (such as -3.0), then there is a risk for development of osteoporosis, assuming there is no other reason to have such a low T-score [90, 91].

## 4.2 Types of natural bone-grafting materials

Basically, there are two types of bone-grafting materials: i.e., they are natural bone materials and synthetic bone substitutes. Figure 4.1 illustrates all these bone-grafting materials. Referring to Figure 4.1 [3], a patient possesses variety of bone sources from own body (autograft), from a human donor (allograft), or from an animal model (xenograft), or various types of synthetic and biologically based, tissue-engineered biomaterials and combinations of these substitutes [11]. Besides the above three natural bone-grafting materials (autografts, allografts, and xenografts), there are still phytogenic materials such as algae-based or coral-based materials [5, 6, 12, 13]. All grafting materials have one or more of these three mechanisms of action (osteogenesis, osteoinduction, and oesteoconduction). The mechanisms by which the grafts act are normally determined by their origin and composition. An autogenous bone harvested from the patient forms a new bone by osteogenesis, osteoinduction, and osteoconduction. Allografts harvested from cadavers have osteoconductive and possibly osteoinductive properties, but they are not osteogenic. Xenografts and alloplasts are typically only osteoconductive [7]. In this section, natural bone-grafting materials are discussed.

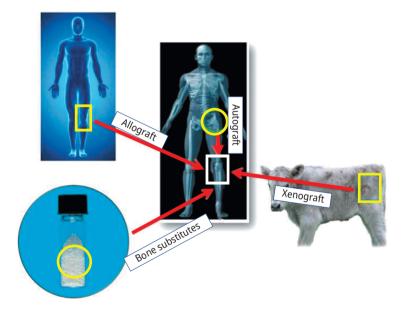


Figure 4.1: Types of bone-grafting materials and their recipient [3].

ters that need to be addressed in the successful implementation of porous scaffolds in vivo. Numerous studies have been performed to hasten osseointegration in porous Ti scaffolds and to improve their mechanical properties under occlusal and masticatory forces by altering the surface chemistry, introducing new biocompatible alloys, designs, and pore characteristics, or impregnating surface coatings with bone growth factors such as BMPs. It is thus envisaged that the breakthroughs and developments in manufacturing methods, micro- and nanoengineering, metallurgy, and biology will lay the foundations for more advanced and functional Ti foam scaffolds for dental applications [41].

Figure 9.1 shows the trabecular metallic dental implant with a structure and elasticity similar to cancellous bone – consisting of a titanium cervical and internal core section (upper section) covered by a trabecular metal sleeve (middle section) and joined by a titanium apical section (lower section).



Figure 9.1: Trabecular metal dental implant with a structure and elasticity similar to cancellous bone [modified after 41].

Magnesium has been suggested as a revolutionary biodegradable metal for use as an orthopedic material. As a biocompatible and degradable metal, it has several advantages over the permanent metallic materials currently in use, including eliminating the effects of stress shielding, improving biocompatibility concerns in vivo, and improving degradation properties, removing the requirement of a second surgery for implant removal. The rapid degradation of magnesium, however, is a double-edged sword as it is necessary to control the corrosion rates of the materials to match the rates of bone healing. In response, calcium phosphate coatings have been suggested as a means to control these corrosion rates. The potential calcium phosphate phases

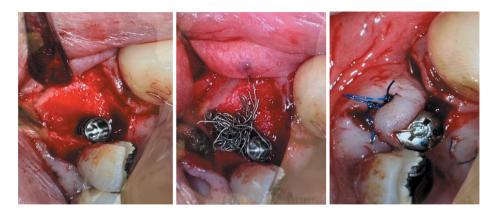


Figure 1: Placement implant and bioresorbable pure magnesium wire network.



**Figure 2:** X-ray image, taken two months after Mg wire placement, where broken red circle indicates the area where Mg wire network was placed.

an important and effective role in maintaining sufficient space, and as a result, new bony structure can be generated and grown in a relatively short period of healing time.

In implant dentistry, the implant stability quotient (ISQ) value is considered as an important parameter to judge the success of placed implant. The ISQ is the value on a